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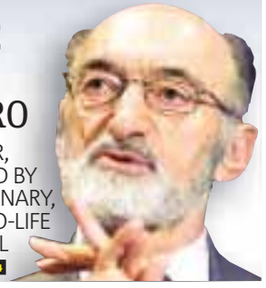
ABORTION DOC HAILED AS A CANADIAN HERO

DR. HENRY MORGENTALER, DEAD AT 90, REMEMBERED BY SOME AS A SELFLESS VISIONARY, WHILE THOSE ON THE PRO-LIFE SIDE PRAYED FOR HIS SOUL UNTIL THE VERY END PAGE 4



Take no prisoners — they won't fit

Union representing guards rails against overcrowding, understaffing and growing fear for safety at EMDC PAGE 2

Thumbs down for the Fonz

Stanley Cup playoff loss the final straw as the New York Rangers' fiery coach John Tortorella gets sacked with a year still left on his contract PAGE 14

Momma's making the money now

Women are increasingly the primary breadwinners in homes with children, even if the world isn't ready PAGE 5

Eleven-year-old Alex Rosseel shows how much he loves his bicycle. When his parents put a sticker depicting a family on the back of their SUV, they made sure the boy was riding a bike. MARK SPOWART/FOR METRO

'I just want my bike back'

Stolen. Local boy scrimped and saved to buy and personalize second-hand bicycle

MARK SPOWART
london@metronews.ca

All 11-year-old Alex Rosseel wants is his bike back. No questions asked.

The soft-spoken Grade 6 student woke up Sunday to find the bike he bought with his own money had been stolen from his fenced-in backyard.

Rosseel and his dad spent the next two hours searching the neighbourhood in hopes it would turn up.

The bike is unmistakable, Rosseel said. It's got all sorts of extra touches — including orange brake calipers and lime-green brake lines.

When the search turned up empty, Rosseel made a number of signs telling people about his plight and asking that the bike be delivered to his home if found.

Someone took a picture of one of the signs Wednesday and posted it on Twitter, creating a buzz Rosseel could not have expected.

"There are close to 200 comments on Facebook about my sign," he said Wednesday afternoon. "A lot of them are saying they are sorry, and hope I get it back."

Rosseel combined his Christmas money, his birthday money and cash from more than two months of shovelling driveways to buy the second-hand bike.

Crushing discovery

"I was going to go out riding, and when I went to the backyard, I realized it was gone."
11-year-old Alex Rosseel

With the money he had left over, he added the calipers, brake lines and special grips. He then applied 15 to 20 stickers from different bike companies and parts manufacturers he had collected over a few years.

"I just want my bike back and for people to stop stealing things," Rosseel said. "I use it all summer long, pretty much every day."

NDP give support

Budget sails through first Queen's Park test

Ontario's minority Liberal government easily survived a confidence vote on the provincial budget Tuesday with help from the New Democrats.

The vote on the budget motion, not the actual budget bill, passed 65-to-36 with only the Progressive Conservatives opposed.

The motion states only that "the house approves in general the budgetary policy of the government," but it was a matter of confidence that could have triggered an election if it had been defeated.

After securing several concessions from the government, the NDP agreed to vote with the Liberals to make sure the budget passes.

The government wants the vote on the actual budget bill itself concluded before the summer recess scheduled to begin June 7, and already knows it will again get the NDP's support.

The Conservatives accuse the Liberals of buying the NDP's budget vote by promising to cut auto insurance premiums, increase welfare rates and spend more on home-care services.

THE CANADIAN PRESS

'A recipe for disaster'

Police issue 'field party' warning

With summer comes outdoor parties, and the OPP are warning people to steer clear of one kind in particular.

Field parties — gatherings where people camp after a night of drinking — are "a recipe for disaster," Sgt. David Rektor said.

The red flag comes after a teenage girl was sexually assaulted last week at one of the parties west of London, police said.

A property owner encouraged teens to pay a fee and use the field for an unsupervised party, Rektor said. The sexual assault happened after the girl passed out from drinking, he said.

Charges have been laid against the suspect, described only as "another young person."

Additional details have not been released.

ANGELA MULLINS/METRO

Ambulances and fire trucks descended on the Elgin-Middlesex Detention Centre at 711 Exeter Rd. Tuesday evening after a work stoppage and lockdown led to fires believed to have been intentionally set by inmates in holding cells. ANGELA MULLINS/METRO

Meeting with minister about EMDC problems a big step, union says

Apology for comments issued. Lockdown, fires lead to face time with provincial government

MARK SPOWART
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The union representing guards at London's embattled jail had a full agenda when they went into a Wednesday meeting with the corrections minister.

"Our No. 1 issue is staffing," said Dan Sidsworth, community safety and correctional services chair for the Ontario Public Service Employees Union. "The complement that is allotted is below the required complement.

"We just had a staffing increase of 11 people, and that was the first change in 25 years."

But, he said, the additional people weren't new hires. Instead, they were former part-time employees who saw their hours bumped up.

"The remaining part-time staff are all working more than 40 hours per week."

The other big issues on OPSEU's agenda were overcrowding and personal safety, Sidsworth said.

Minister Madeleine Meilleur invited the union in for a chat after comments she made Tuesday at Queen's Park prompted a work stoppage and lockdown at the Elgin-Middlesex Detention Centre. During the incident, two fires were allegedly set in holding cells, injuring some inmates.

"This is as close to a one-on-one meeting between the union and the minister (as) we can get," Sidsworth said Wednesday. "It has never happened before. We feel it is a big gesture on her part."

Meilleur issued a written apology to the union late Tuesday, saying she meant no offence to corrections staff by questioning how knives and drugs were getting into the facility.

Shortly before the meeting, the minister restated her plans to create a local authority board aimed at improving transparency and sorting out ongoing violence at the facility.

Better lines of communication urged

"One of the struggles that the union has had with management is how slow information is to come out. There is a lot of distrust."

Dan Sidsworth, community safety and correctional services chair for the Ontario Public Service Employees Union, on the benefit of a local authority board at Elgin-Middlesex Detention Centre.

Jeff Yurek CONTRIBUTED

MPP calls for corrections minister's resignation

As tensions continued to mount Wednesday over problems at the Elgin-Middlesex Detention Centre, the minister responsible for the facility faced a call to resign.

The call came from Elgin-Middlesex-London MPP Jeff Yurek as Corrections Minister Madeleine Meilleur faced a barrage of questions about the facility during question period.

It was the third consecutive day of grilling Meilleur, a Liberal, faced from opposition parties.

"Over the past few days, it has become apparent that she doesn't have any credibility on the file and the recent events at the EMDC are symptoms of the problems that she has been ignoring for years," Yurek told Metro later in the day.

Yurek said he regularly receives calls from corrections officers — and their spouses — raising concerns about safety and working conditions at the London jail.

"Lives are being put at risk and I think we need somebody else to do (Meilleur's) job," Yurek said.

MARK SPOWART/FOR METRO

Chris Stuifbergen, 17, of London casts his line into a swollen Thames River on Wednesday afternoon. Stuifbergen, who fishes the same spot regularly, says he pulls a healthy number of carp from the river on a good day.

MARK SPOWART/FOR METRO

Water levels improving in Thames River

Getting better.
Levels rebounding from last year, but still not totally on the up and up

MARK SPOWART
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While water levels are looking up compared to this time last year, the Upper Thames River Conservation Authority is still worried about what a warm and dry summer could mean.

"I know it may seem odd to say (in light of) Tuesday night's thunderstorm, but we have had a dry May," said Steve Sauder, marketing specialist with the authority.

The thunderstorm Sauder's talking about dumped a ton of water on southwest Ontario, pushing the total count for Tuesday to 61 millimetres at the London airport.

Environment Canada is calling for another steady bout of rain Saturday through Monday.

The Thames River spent most of last year under a level-two advisory near London after a winter with little snow and a dry spring was followed by an even drier summer. Advisories are issued on a three-point scale with three considered the worst.

Officials at the conservation authority use Environment Canada forecasts and results from 100 monitoring stations to assess water levels throughout the region.

A few weeks of dry weather would put officials at the conservation authority on their toes.

"I think we would fall into a level-two drought advisory even quicker than last year," Sauder said.

While flash storms, like Tuesday's, help a bit, sustained rains have a bigger impact, he said.

River bulletins

There are three levels of "low water responses" in Ontario:

- Level one bulletins are issued when stream flows are about 70 per cent of their normal flow or the rainfall falls below 80 per cent of the average.
- Level two bulletins are issued when stream flows are about 50 per cent of their normal flow or rainfall falls below 60 per cent of the average.
- Level three bulletins are issued when stream flows are about 30 per cent of their normal flow or rainfall falls below 40 per cent of the average.

Quoted

"I know it may seem odd to say (in light of) Tuesday night's thunderstorm, but we have had a dry May."

Steve Sauder, River Conservation Authority

Wynne throws support behind upper chamber

The ongoing scandal over the expenses of some high-profile Canadian senators didn't stop Ontario's new premier Wednesday from saying the province no longer wants to scrap the upper chamber.

Former Ontario premier Dalton McGuinty used to dismiss the idea of reforming the Senate and said it should be abolished, but his successor, Kathleen Wynne, said she sees value in maintaining the upper tier of Parliament.

"I actually believe that there is a role for a chamber of sober second thought, but there is always room for reform," Wynne said. "The discussion of what those reforms should be is an important one, and at the provincial level I would be interested in engaging with my colleagues across the country."

However, Wynne would not commit to putting Senate reform on the agenda for this year's meeting of premiers, which she will host in July in Niagara-on-the-Lake.

"It's not something that I have taken a firm or detailed stand on, but it's certainly something that I'm willing to engage on," she said.

Ontario's New Democrats, who want to abolish the Senate, were caught off guard by Wynne's decision to change the province's position on the issue.

Ontario and Quebec each have 24 senators in the 105-seat upper chamber, followed by Nova Scotia and New Brunswick at 10 senators each.

British Columbia, Alberta, Saskatchewan, Manitoba and Newfoundland have six senators each, followed by Prince Edward Island with four. The three territories each have one senator. THE CANADIAN PRESS

Arthur Ford Public

School to celebrate 50th anniversary

Arthur Ford Public School (617 Viscount Rd.) is planning a 50th anniversary celebration Friday and Saturday at the school.

Events include a Friday evening social, a fair and open house on Saturday and a golf tournament, also on Saturday.

Proceeds from events will go toward outdoor playground equipment at the school.

For details, email arthurford50th@yahoo.ca or call 519-452-8020.

METRO

Local artists

Art exhibit takes over Aeolian Hall until June 26

The summer art exhibit at Aeolian Hall (795 Dundas St.) opened Wednesday.

Presented by the Aeolian's musical arts association, the exhibit features work from five local artists in a variety of media.

It continues through July 26 with gallery hours planned 10 a.m. to 2 p.m. Monday to Friday.

Pieces are available for sale with 30 per cent of proceeds going back to the arts association.

METRO

No Tobacco Day

Youth take on tobacco

The Middlesex-London Health Unit's anti-tobacco youth group will join eight others from southwestern Ontario Friday to mark World No Tobacco Day.

The teens will be at Covent Garden Market from 4 to 5:30 p.m. urging people to sign a petition calling for a federal ban on flavoured tobacco. The products, officials say, make them more appealing to youths.

More than 50 youths are expected to be on hand.

METRO

Car lanes become canoe lanes in Toronto

Toronto's Don Valley Parkway was closed Wednesday morning due to flooding of the Don River after heavy rain. The major Toronto highway was open again later Wednesday after the severe flooding forced the closing of the busy route just before the start of the morning rush hour. More than a metre of water covered the road at the height of the flooding. BERNARD WEIL/TORSTAR NEWS SERVICE

MPs, parties face big CRTC fines

Robocalls. Regulator dishes out $369,000 in penalties after investigation into campaign practices

Liberal MP Marc Garneau asks a question in the House of Commons in Ottawa on March 4. The CRTC has imposed hundreds of thousands of dollars in penalties on political parties, MPs — including Garneau — and a telemarketing firm for violating the rules on robocalls. SEAN KILPATRICK/THE CANADIAN PRESS FILE

Political parties, elected officials and the telemarketer used by the elusive "Pierre Poutine" to make fraudulent telephone calls during the 2011 federal election have been slapped with hefty fines for breaking the rules for robocalls.

The CRTC made the announcement Wednesday that it has dished out $369,000 in penalties as part of an investigation into the use of robocalls. The regulator also hinted that more fines are coming.

The federal Conservatives and NDP, Ontario's Progressive Conservatives, Alberta's Wildrose party, Liberal MP Marc Garneau, Conservative MP Blake Richards and Edmonton-based RackNine Inc. were all fined for various offences.

The penalties run from a few thousand dollars for Garneau up to $90,000 for Wildrose — the largest amount ever levied against a political party. So far, the regulator says, Wildrose, the Ontario Conservatives, the NDP, RackNine and Garneau have all paid their fines.

The federal Conservative party, which was fined $78,000, and Richards, who was fined $14,400, have yet to pay and have 30 days to do so.

"We appreciate the co-operation we received during our investigations," CRTC chief compliance officer Andrea Rosen said in a statement. "We expect political party associations and candidates who are running for office to put appropriate safeguards in place to ensure compliance with the Unsolicited Telecommunications Rules in future campaigns."

Fred DeLorey, a Conservative party spokesman, said the fine would be paid Wednesday.

"We appreciate that the CRTC is clarifying rules for all federal political parties and applying them across the board," he said in a statement.

Last week, Wildrose said it paid the penalty for violating rules in 2011, as well as before, during and after the April 2012 provincial election. But the other fines came as a surprise.

The Conservative party was fined for a robocall campaign in Saskatchewan between Jan. 31 and Feb. 1 related to proposed changes to riding boundaries. The NDP was fined $40,000 for robocalls made between Jan. 11 and Jan. 20, 2012, in the Quebec electoral district of St-Maurice-Champlain.

THE CANADIAN PRESS

Morgentaler's legacy is 'powerful and positive'

Reaction to the death of Dr. Henry Morgentaler shows his life's mission to ensure access to abortions for women across Canada is no less polarizing now than it was when he took up the fight 46 years ago.

The man who forever altered the reproductive landscape in Canada died Wednesday in Toronto at the age of 90, surrounded by his family.

Morgentaler opened abortion clinics across the country and fought Canada's abortion law, which ultimately resulted in the Supreme Court's landmark 1988 decision declaring it unconstitutional.

Activists hailed him Wednesday as a hero who brought "reproductive freedom" to all Canadian women. Carolyn Egan of the Ontario Coalition of Abortion Clinics called him "a man of great courage."

"He served time in prison, he had many financial difficulties ... and he had, of course, many personal threats on his life," said Egan. "So there is no doubt that he did not think of himself. He was thinking of the needs of Canadian women in all that he did."

Dr. Henry Morgentaler addresses a news conference in Montreal in 1999. Morgentaler died Wednesday. PAUL CHIASSON/THE CANADIAN PRESS

Ontario Premier Kathleen Wynne said Morgentaler's contributions "to a fair society" have been felt worldwide.

"Our country has lost a man of great courage, conviction and personal bravery," she said in a statement.

Joyce Arthur, the executive director of the Abortion Rights Coalition of Canada, said Morgentaler is a "Canadian hero" who saved countless lives. "I think his legacy will be tremendously powerful and positive — it already is," she said.

Arthur, who met Morgentaler a number of times, remembered a man who devoted his entire life to securing and maintaining what she described as a "fundamental human right for women."

Mary Ellen Douglas, national co-ordinator for the anti-abortion group Campaign Life Coalition, said it was impossible to respect the man she called "the face of abortion in Canada" because of "what he continued to do."

For years, the group prayed that Morgentaler would have a change of heart and denounce abortion, and Douglas said she held out hope he repented "before the very end."

"I pray ... that this will be an end to the killing in Canada," she said. "I hope it will soon stop and life will be respected."

Niki Ashton, the New Democrats' critic on the status of women, called on his supporters to carry on with his work.

"Unfortunately, even today, access to abortion remains unequal and we must remain vigilant against repeated attempts to roll back this right," she said. THE CANADIAN PRESS

New Mexico

Man winds up in prickly spot after drunk-sex road wreck

A New Mexico man faces charges after police say he was having sex with a woman while driving drunk and crashed, ejecting the woman from the vehicle.

The Albuquerque Journal reports Luis Briones, 25, was found with one shoe on and his shorts on inside-out Monday night after he wrecked his Ford Explorer in Albuquerque. Police say the female passenger was found naked outside the vehicle with deep cuts to her face and head.

Authorities allege Briones tried to drive away, but a witness grabbed his keys. He also allegedly tried to hide from officers behind a cactus. THE ASSOCIATED PRESS

Rob Ford. International media's fascination with crack scandal stays strong

America's fascination with the Rob Ford scandal is showing no signs of dissipating almost two weeks after news emerged of an alleged video that appears to show the Toronto mayor sucking on a crack pipe.

NBC's The Today Show featured a segment Wednesday on the scandal, while an array of U.S. and international news outlets are covering every twist and turn in the saga.

Esquire magazine featured a dispatch on its website from Torontonian Stephen Marche entitled "Why You May Want A Crack-Smoking Mayor." Marche described the scene in Toronto for those who might otherwise be unfamiliar.

"In Canada, stories like this don't happen," Marche wrote. "Literally this morning there was a scandal in Winnipeg about the mayor of that city spitting gum on the street.... Then there was the guy who fended off a cougar with his skateboard.... Those are your typical Canadian stories. Not mayors huffing rock."

Toronto Mayor Rob Ford MICHELLE SIU/THE CANADIAN PRESS

THE CANADIAN PRESS

Austerity kills: Researchers say there's a hidden cost to cutbacks

Health care. As politicians around the globe grapple with economic crises, a new book argues that deep health-spending cuts have increased HIV, malaria and suicide rates

KIERON MONKS
Metro World News

Brian McArdle had not worked after a stroke left him paralyzed and partially blind. The former security guard, 57, could not eat by himself, but as part of the U.K. austerity campaign, McArdle was assessed, found fit to work and his support was stopped. The following day he died of a heart attack.

Such tragedies form the premise of The Body Economic: Why Austerity Kills, a startling new book from epidemiologists David Stuckler and Sanjay Basu. They mined data sets from the past century and across the world, and found the numbers show the hidden cost of health spending cuts.

"What we learned is that recessions are neutral to health. What matters is how politicians respond," Stuckler told Metro. "When they make deep cuts to vital social protection systems it can turn social hardship into severe epidemics."

No example is starker than Greece, where a 40-per-cent cut to health spending has allowed HIV infection rates to double. Mosquito-spraying programs were stopped, and malaria returned after being controlled since the 1970s. Over 200 medicines vanished from pharmacies as budgets shrank. "The evidence of a causal link is compelling," said Professor Martin McKee of the London School of Hygiene & Tropical Medicine.

A less visible mental health crisis is also growing. The World Health Organization report a 40-per-cent rise in suicides in Italy between 2007 and 2010, with local studies attributing most to economic issues.

Stuckler's research found that in the EU and U.S. since 2007, the number of suicides has been 10,000 higher than historic averages. The author denies such increases are a normal part of an economic downturn.

Quoted

"If austerity was a treatment it would never have passed clinical trials. This is a matter of life and death."

David Stuckler, co-author of The Body Economic: Why Austerity Kills

Demonstrators clash with police during a protest against plans for new austerity measures in Athens, Greece, in this October 2011 file photo. The authors of a new book on the effects of austerity measures say that a 40 per cent cut to health spending in that country has allowed HIV infection rates to double. GETTY IMAGES FILE

A different response

Iceland chose health over bailouts

Not every country chose austerity, and no health crisis occurred in Iceland, where people voted to keep healthcare access rather than bail out their failing banks.

It also established a body to monitor government responses to economic problems, and Stuckler wants similar accountability in other countries.

Back in the UK, the first lawsuits have been served against the government for health cuts that backfired — meaning the policymakers behind austerity could also pay a price.

Who brings home the bacon? Increasingly, it's mom

Sunita Clark poses with her daughter Ruby, 10, and husband Mark in Columbus, Ohio, in this file photo. Sunita is among the growing number of women in the U.S. who are the primary family breadwinners. THE ASSOCIATED PRESS FILE

America's working mothers are now the primary breadwinners in a record 40 per cent of households with children — a milestone in the changing face of modern families, up from just 11 per cent in 1960.

The findings by the Pew Research Center, released Wednesday, highlight the growing influence of "breadwinner moms" who keep their families afloat financially. While most are headed by single mothers, a growing number are families with married mothers who bring in more income than their husbands.

Demographers say the change is all but irreversible and is likely to bring added attention to child-care policies as well as government safety nets for vulnerable families. Still, the general public is not at all sure that having more working mothers is a good thing.

While roughly 79 per cent of Americans reject the notion that women should return to their traditional roles, only 21 per cent of those polled said the trend of more mothers of young children working outside the home is a good thing for society, according to the Pew survey.

Quoted

"Many of our workplaces and schools still follow a male-breadwinner model, assuming that the wives are at home to take care of child-care needs."

Andrew Cherlin, professor of sociology and public policy at Johns Hopkins University

"This change is just another milestone in the dramatic transformation we have seen in family structure and family dynamics over the past 50 years or so," said Kim Parker, associate director with the Pew Social & Demographic Trends Project.

THE ASSOCIATED PRESS

Inundated inbox. Gmail design aims to tame flood of messages

Google has unveiled a new Gmail interface for users who struggle to cope with overwhelming torrents of messages.

The new design, which Google says is being rolled out to users over the next few weeks, automatically sorts emails into a handful of separate tabs along the top of the inbox:

- Primary — for messages from friends and family.
- Social — for emails from social networks, media-sharing sites and online dating services.
- Promotions — for regular mail-outs from retailers, daily-deal sites and other businesses.
- Updates — storage for notifications and confirmations involving receipts, bills, and financial statements.
- Forums — for emails from online groups, discussion boards, and mailing lists.

Users can remove one or more of the tabs and control where emails from certain senders get routed. The new interface, which can be turned off, will also be available on the mobile Gmail apps for Android devices, the iPhone and iPad.

THE ASSOCIATED PRESS

Economic forecast

OECD predicts Canadian growth will trail U.S.

The OECD has reduced its estimates for Canada's economic growth this year and next. The Organization for Economic Co-operation and Development currently expects a 1.4 per cent advance this year for Canada, down four-tenths of a point from its November estimate of 1.8 per cent. In both this year and next, the OECD expects Canada's growth to trail the U.S. THE CANADIAN PRESS

Market Minute

DOLLAR 96.60¢ (+0.40¢)

TSX 12,732.61 (-17.91)

OIL $93.13 US (-$1.88)

GOLD $1,391.30 US (+$12.40)

Natural gas: $4.17 US (-5¢)
Dow Jones: 15,302.80 (-106.59)

Censorship. Singapore requires news websites to be licensed

Singapore's government says a new policy will require online news websites to be licensed, a move that is being criticized as a form of censorship in a country where media outlets are already strictly controlled.

The policy will require websites that report regularly on Singapore news and have at least 50,000 visitors a month to obtain annual licenses, the city-state's Media Development Authority said in a statement Tuesday. They also will be required to remove content found to be in breach of MDA standards within 24 hours of notification.

"This is censorship, plain and simple," said Lee Kin Mun, a Singaporean social and political blogger who is more popularly known by his Internet persona, Mr. Brown.

"Trying to regulate the Internet is like trying to grab jelly; the tighter your grip on it, the faster it leaks out of your hand," he said.

The MDA singled out 10 sites, nine of which are state-owned. The tenth is Yahoo Singapore. THE ASSOCIATED PRESS

AIRLINES CHARGING BY THE GROAN

HE SAYS

John Mazerolle
metronews.ca

Here's an important announcement for the nation's frequent flyers: Canada's airlines will now be charging passengers who bring aboard excess emotional baggage.

Be prepared.

You may bring small amounts of angst and annoyance with you as long as they're in clear plastic bags, but if you spend the entire flight sighing about flying, there will be extra fees.

For instance:

- If a passenger whines that his 800 km/h flight has been delayed by half an hour, he will pay as he boards, through the nose.
- If a passenger is convinced her plane is going to crash because of "turbulence" roughly as powerful as an electric toothbrush, she will throw money into a scare jar.
- And if passengers give any hint they believe flying is an inconvenience instead of a scientific wonder, they will pay for bus fare, and I will gladly stretch out into their empty seat.

You may sense that I'm a strong proponent of these new rules.

It's true. I love flying, and the only thing that annoys me about flying the friendly skies is how unfriendly it makes the people around me. I don't often see airports stressing people out, so much as I see people deciding they're stressed out because they're at the airport.

I'm under no illusions that flying is perfect — getting decent food on an plane has become pie in the sky — but almost every negative experience I've had in 100 flights or so can be traced back not to airlines, but to other people. Welcome to Air Sartre, where No Exit is clearly marked.

I can honestly say I've not once had a bad flight, knock on the Spruce Goose. Is it because A) I've been lucky, or is it because B) of my incredible travel skills and, yes, attitude? To decide, let's ask me: It's B.

Follow these tips and feel my wind beneath your wings:

Delays: Channel your mother telling you about a starving kid on the other side of the world when you wouldn't eat. Next time you're slightly delayed before heading onto a freaking Sky-Ship, remember that somewhere in the world someone's driving a Pontiac Aztec.

Safety: Relax, dude. Your flight is not "rough" if people are drinking coffee from open-faced cups. You can't even manage that on a bus. Heck, you can't do that on a coffee table with a wobbly leg. If turbulence is making you nervous, place a beer on the tray in front of you: If it's not sloshing, you're fine; if it is sloshing, drink until you are too.

Wonder: If you're having a hard time remembering how amazing human flight is, consult the famous poem High Flight by John Magee, but add whatever complaint you have as a closing line, for context.

Oh! I have slipped the surly bonds of Earth/
Put out my hand, and touched the face of God/
However, I did not enjoy the chicken.

Of course, if you don't follow my advice you can simply pay the new emotional-baggage fees. Or if you'd like to tell me how I'm wrong given the state of modern airlines, then send me an email and we can sit down and talk about it.

As per standard industry procedure, this reservation may be overbooked.

ZOOM

I'm so hungry I could eat a zebra

PAUL GOLDSTEIN/REX FEATURES

A crappy way to start your day

This plucky zebra displays what could be described as a defence mechanism against the prowling lion. This silhouette against crimson dawn skies of Masai Mara game reserve in Kenya, taken by wildlife photographer Paul Goldstein, shows a zebra defecating as a lion stealthily creeps up from behind. METRO

Maybe for lunch?

"The shot makes it look as if the lion was on course to catch the zebra. The reality was they were probably far enough apart to suggest the lion wasn't quite ready for breakfast."

Paul Goldstein, wildlife photographer

Click bait

ANDREW FIFIELD
andrew.fifield@metronews.ca

While it's hard to argue against firing up Songza or Rdio and having them deliver new music straight to your ears, the selection can get repetitive. Use these music blogs and get tipped off to something new.

ERIC_I_E/FLICKR

Smoke Don't Smoke:

L.A.-based but not L.A.-focused, Smoke Don't Smoke is a dependable destination for discovering artists from almost any genre you please from the kind of artists who still release albums on cassette. (smokedontsmoke.com)

Flashlight Tag:

The post-almost-anything approach on this blog makes things a little hit-or-miss at times, but a penchant for sweet-voiced bedroom pop keeps me coming back. (flashlighttagmusic.tumblr.com)

East To West:

A hotbed for quiet, quirky electronic music — mostly from Australia — that's the ideal source to load up on subtle summer jams. (easttowestblog.net)

Twitter

@metropicks asked: Scientists revived plants from 400 years ago. What would you like brought back from the past?

@ocj3: a middle class

@santanapoptarts: the best things I would bring back from the past would be my grandparents. They were the most AMAZING people.

@HiddenConXept: Nikola Tesla - So the world would be free of all non-renewable energy sources (Electrical Devices for everyone)

@CDBoudreau: My Grandfather!

@natkaos: Common sense.

@HouseGuyScott: Drive-in movies.

@blipblopp: Chris Farley

@SandraKlaric: Elvis and the Where's the Beef Commercials!

@themaxonline: The dodo so "gone the way of the dodo" can mean the opposite.

@AllenGalley: Leafs winning the Stanley Cup.

@Chuckw12: Real Jobs

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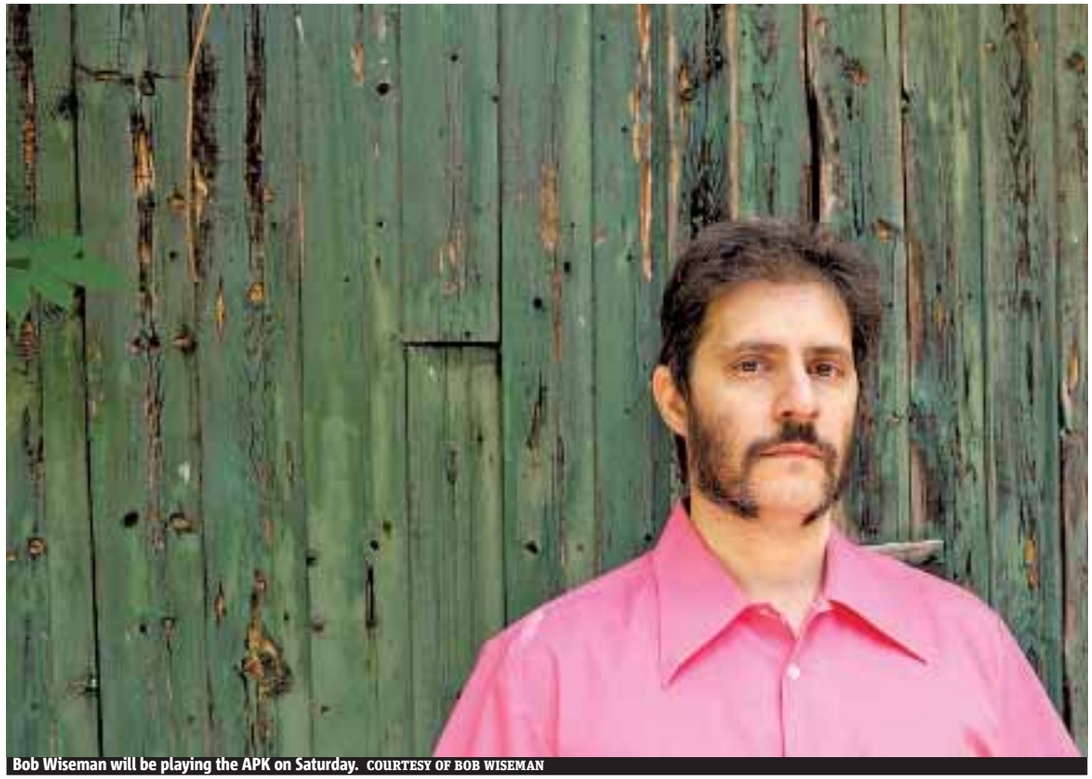
The artist never known as Prince

Bob Wiseman. Former member of Blue Rodeo gets political with his music

BACKSTAGE PASS
Mila Petkovic
london@metronews.ca



Bob Wiseman will be playing the APK on Saturday. COURTESY OF BOB WISEMAN

He's downright bold when it comes to taking a hard look at politics, social justice and human rights issues through his art.

Canada's Bob Wiseman is set to take the stage Saturday at APK to showcase his new album, Giulietta Masina, at the Oscars Crying, along with music by Corin Raymond (who funded his album with Canadian Tire money) and live projections from the London Ontario Media Arts Association.

Known as the former keyboardist of Blue Rodeo (with whom he won five Juno awards), and for trying to take Prince's name when he changed it to an unrecognizable symbol, Wiseman has taken a step back from the music-industry machine to focus on his own music, films and plays.

His 13th album touches on everything from world politics to music awards ceremonies and inspiring people. His song Robert Dziekanski at the Vancouver Airport recounts the story of a Polish man who died six years ago after being Tasered by the RCMP.

Taking up these issues through art is necessary, he says.

"It turns me on, it makes me feel better about the world," Wiseman says.

"I love that artists can make political points that advance the agenda."

His song The Reform Party at Burning Man gives his take on the situation in Canada circa the May 2011 federal election when the Conservatives earned a majority government.

Wiseman questioned Harper government policies, with lines that read, "their grand plan unveiled build more jails," and "they are OK with foul play every little G20 cop got paid."

But politics aren't the only subject that inspires the musician.

His new album and title song Giulietta Masina at the Oscars Crying is about the private life and career of Giulietta Masina, wife of legendary director Federico Fellini.

The two suffered a miscarriage and later the death of their infant child.

"I'm a big fan of Fellini and his work and their relationship," Wiseman says.

"He put a lot of their relationship up on screen, which I thought was brave and radical."

Despite the serious subject matter of Wiseman's songs, many of them also contain elements of comedy.

"There is something powerful about the capacity to laugh when you grasp how awful and absurd some things are," he says.

During his Saturday stop in London, Wiseman will screen some of his films made on super 8 and 16 mm along with videos set to live music.

Doors open at 9 p.m. Cover is $10 or $5 plus a donation to the London Food Bank.

Events

What else is going on around town?

- **Artsy talk.** An art and philosophy panel discussion on the tangled relationship between traditional and contemporary Indigenous values takes place from 4:30 to 7 p.m. Friday at Museum London (421 Ridout St.).
- **Tunes.** Motion Grove is set to release a new CD at APK (347 Clarence St.) on Friday with openers The Gypsy Ghosts and Katlina Cowan. Tickets are $10. Doors open at 9 p.m.

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Dave Franco is getting tired of playing the bad guy. HANDOUT

The other Franco

Interview. Dave Franco, James' younger brother, talks about being a nice guy and how he was dragged into acting

MATT PRIGGE
Metro World News

Dave Franco is known as two things: James Franco's little brother and an on-screen jerk. In 21 Jump Street, he played an entitled high school drug dealer.

In Warm Bodies he was the bitter boyfriend of a girl in love with a zombie.

"I promise this is not a representation of me," Franco says. "At first it was really fun and liberating playing something outside of myself, to be mean. But after a while, not only have I exhausted this kind of role, but people start thinking this is how I really am. I promise I'm a nice guy."

In Now You See Me, a big-budget, all-star caper, he gets to play a mostly nice guy, albeit a sleight-of-hand artist first seen stealing from a tourist.

The production style introduced new aspects that he needed to get used to.

"Louis Leterrier is a very visual director, and a lot of the scenes have multiple cameras flying about, circling around you," Franco says. "Most of the time you have no idea whether or not the camera is catching you."

He also had to learn card tricks.

"I can now cut a banana with a playing card," he reveals. "I wanted it to look realistic."

Though the film's cast is filled with big names, it's hard to be star-struck when your brother is James Franco. He claims his brother didn't get him into the business.

"His manager is the one who dragged me into this whole mess," he says. "My brother has been very supportive. But we don't talk about acting all that much. That said, he did tell me to be patient; to wait for projects I'm genuinely passionate about."

On playing younger

Franco is 27 years old, but looks like a kid. That's why he often gets roles playing younger characters.

- **Quote.** "I don't love it," he says, "but it's more about the role than the age. Everyone always says, especially in the business, it's great to look a lot younger than you are, for longevity's sake. But sometimes I just want to look my damn age and play a character my age. I don't want to play high school again."

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Katy Perry and John Mayer

Mayer and Perry get tongues wagging again

Two months after once again breaking up with Katy Perry, John Mayer has apparently smoothed things over with the Firework singer enough to make the guest list for her Memorial Day party at her new Hollywood Hills home, according to Us Weekly. "They seem to be back together — or back together-ish," a source says. "They were very flirty and having a really good time together. They have good chemistry."

James Lipton

Lipton reveals pimping past in Paris

Long before he hosted Inside the Actors Studio, James Lipton enjoyed a brief but profitable stint as a pimp in Paris, he admits to Parade magazine. "It was only a few years after (the Second World War). Paris was different then, still poor," he says, explaining that running a bordello gave him enough to live off of for a year. "I did a roaring business. That's how I lived. I was going through my rites of passage, no question about it. It was a great year of my life." Lipton's feelings about the practice of prostitution have clearly changed, though: "I think if you can't earn it on your own, then you don't deserve it."

The Word

Bynes targets cop in most recent Twitter tirade

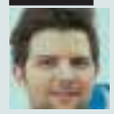
Amanda Bynes took a break from starting fights with other celebrities on Twitter to brag about how things are going with her latest legal troubles. "My lawyer is getting my case dropped," she tweeted. The lawsuit-happy starlet also addressed the police officer she claimed sexually harassed her during her arrest last week: "His punishment will be being the cop who sexually harassed someone who would never find him handsome enough to be my boyfriend. That's worse than any time in jail," she wrote. "But I am suing him for money compensation. I love having more money in my bank!" The police, though, don't seem too concerned about Bynes' suit. "NYPD Internal Affairs investigators have found no evidence to corroborate Ms. Bynes' allegations," a spokesman tells E! News.

Daniel Radcliffe. ALL IMAGES GETTY

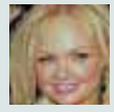
Daniel the boy becomes Radcliffe the man

Daniel Radcliffe isn't opposed to more entries in the Harry Potter franchise, but don't expect him to suit up as the title character anymore — even if J.K. Rowling were to write it. "No more schoolboy stuff," he tells Time Out. "A cameo as Harry's dad? That would be perfect."

Twitter



@mradamscott
The dude who brought his 2 year old son on The Bachelorette seems pretty cool.



@EmmaBunton
I can never stick to diets!!!! Don't know anything about what some of you are sending me!

@pattonoswalt
Yeah, I'll point out when you misspell a word on Twitter. Sue me if that comes off condensing.

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The summer music festival makeup guide

Around this time of year, fashion stories telling you what to wear to summer's big outdoor music festivals are inescapable. But what about glittery eyeshadow that won't melt and tinted moisturizer that won't streak after hours of dancing in the sun? We've got you.

ROMINA McGUINNESS
Metro World News

MELTING LIPGLOSS

Yves Saint Laurent
Rouge Pur Couture Vernis À Lèvres Glossy Stain
in 27 Pêche Cerra-Colla
$34, yslbeautyus.com

NARS
Satin Lip Pencil
in Yu
$26,
narscosmetics.com

MAC
Primer Prep + Prime Lip
$16,
maccosmetics.com

What the makeup artist says

"It's all about creating a base that grips," explains LA-based makeup artist Mélanie Inglessis. "For lipstick that lasts and doesn't bleed, apply a light layer of concealer or powder to your lips before adding colour. Or use a lip pencil that is the same colour as your lipstick. Draw the entire lip and colour it inside. The pencil is matte and creates a solid base."

OILY HAIR

Bumble and bumble
leave in (rinse out) conditioner
$24,
bumbleandbumble.com

Batiste
Original Dry Shampoo
$5,
batistehair.com

Leonor Greyl
Detangling Hair Serum
$44,
net-a-porter.com

RUNNY EYE MAKEUP

Estée Lauder
Double Wear Stay-In-Place Eye Pencil in Onyx
$21,
esteelauder.com

L'Oréal Paris
Infallible 24 HR Eye Shadow in Eternal Sunshine
$8, lorealparisusa.com

What the makeup artist says

"Glitter may be a summer festival must, but don't use it on your eyelids. It's a loose particle, so you'd need a creamy, sticky base underneath to press the glitter on. And keep away from creamy eye shadow, as this is going to smudge," warns Inglessis. She recommends products that have a long-lasting effect such as a matte eye shadow or waterproof mascara. Another trick to stop things from melting away is to dab some concealer under the eyes: "The more your skin is bare, the more oil it has. The concealer will act like a shield and keep things in place," she adds.

Cover Girl
LashBlast 24 Hour Mascara
$9,
covergirl.com

Save the Children/Sam Tarling

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Fish gone wild: Poached Salmon with tasty julienned vegetables

Wild salmon generally contains "little to no PCBs," says Jeff Morrison, author of the Canadian Fishing Cookbook, and is therefore preferable to farmed salmon.

If you don't know which you're buying, ask the retailer.

1. In a skillet, heat the butter over low heat. Add celery, green pepper, red pepper, fennel seed and parsley. Cook, covered, for 3 minutes; remove vegetable mixture from skillet and set aside.

2. Add water and wine to same skillet. Season with salt and pepper and bring to a boil. Place salmon steaks in skillet; simmer for 6 minutes over low, turning once. Add julienned vegetables to skillet and cook for another 2 minutes until salmon feels firm.

3. Transfer salmon and vegetables to serving plates; sprinkle with lemon juice. THE CANADIAN PRESS/ RECIPE ON THIS PAGE APPEARS IN CANADIAN FISHING COOKBOOK BY JEFF MORRISON (COMPANY'S COMING, JUNE 2013).

Ingredients

- 15 ml (1 tbsp) butter
- 1/2 celery rib, julienned
- 1/2 green pepper, julienned
- 1/2 red pepper, julienned
- 2 ml (1/2 tsp) fennel seed
- 2 ml (1/2 tsp) chopped fresh parsley
- 750 ml (3 cups) water
- 125 ml (1/2 cup) dry white wine
- Salt and pepper, to taste
- 4 salmon steaks (each 250 g/8 oz)
- Juice of 1 lemon, for sprinkling

Poached Salmon with Julienned Vegetables

This recipe serves four. THE CANADIAN PRESS H/O

Cookbook of the Week

Gone fishing

"I never met a fish I didn't like," Jeff Morrison of Ottawa states with conviction.

The avid sportsman, known as The Outdoors Guy in his blog, can now add author to his resumé with not one but two cookbooks coming out June 1 — Canadian Fishing Cookbook and Canadian Outdoor Cookbook.

Morrison has travelled the nation pursuing his passion for catching and eating just about every type of fish and seafood imaginable.

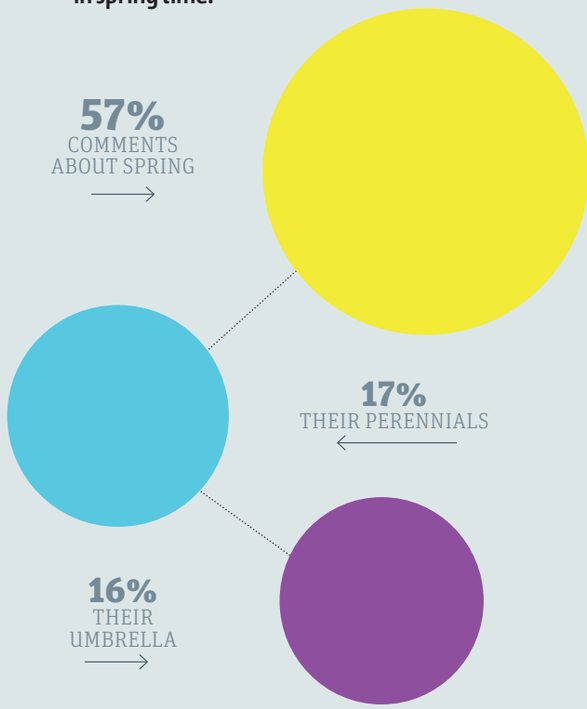
Consequently, his Fishing Cookbook, "is sort of like reading through a diary of my outdoor life."

While some dishes in the book may be more common in the regions where the fish originates — Maritime cod, northern pike, Pacific halibut, — most are accessible in fresh or frozen versions at supermarkets and fishmongers across the country. Other featured species — walleye, bass and trout, for example — are naturally found coast to coast. THE CANADIAN PRESS

Metropolitan Panel

So how about this weather?

We asked our Metropolitan Panel what they share the most in spring time.*



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*Selections were not exclusive of each other and included other activities.

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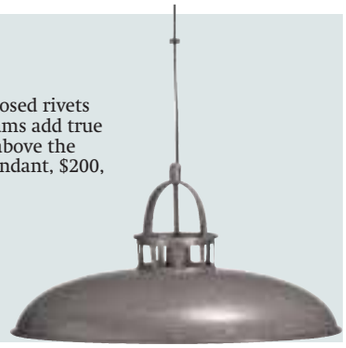
Bright ideas for your dining room

Lofty Style

Raw metals, exposed rivets and soldered seams add true industrial style above the table. Victory Pendant, $200, CB2.com.



Boxy Condo

The beauty is in the simple lines that blend with clean lines. Get a dimmer for this fixture and it will glow at night. Oblong Pendant, $80, eq3.com.

A reader asks: **I am looking for a chandelier to hang over my traditional dining table. Does it have to be the traditional brass/crystal style light fixture?**

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Consider choosing an over-the-table light fixture that is more reflective of your space rather than worrying about matching the table and chairs below. The juxtaposition of a modern light fixture over an old table can add an interesting and eclectic look to your dining area. Consider loo king at the architectural design of your space. In an arts and crafts home choose a light fixture with that style; in a loft choose something modern; in a Victorian home choose a period style of light. Matching the light fixture to your decor will add some validity to your choice. Here's a few classic examples; all at $200 or less. Try hanging one of these over a traditional dining table and listen to your dinner guests' oohs and ahhs.

Arts & Crafts

Hand-crafted-looking metal and oiled bronze finishing adds to the worker arts-and-craft-style house. Add decorative square shades for a designer touch. Jamestown 5-light Chandelier, $180, livinglighting.com.

Victorian Style

Drama, drama, drama adds theatrical elements to high ceilings and ornate mouldings. Concerto 6-light Black Chandelier, $180, homedepot.ca.

Country Home

A bit of whimsy and fun brings creative license to the table. Les Folles Bird Cage Light, $178, sears.ca.

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Only a few stones away from singing Kumbaya by the fire

DIY ideas. Bring the feeling of the cottage home this summer with your own stone fire pit

As summertime approaches, people start spending more of their days and nights outdoors, especially for summer dining and entertaining.

Building a fire pit in your backyard creates a focal point in your outdoor design and adds warmth, light and ambiance, making your space a natural gathering spot for socializing, entertaining and relaxing.

With a few tips, Indoors Out can help you build the perfect fire pit to complement your social schedule this summer.

Step 1: Check building codes in your area
Before you begin building a fire pit, make sure that you are aware of building codes and regulations. Choose an area that is away from your house and any low-hanging trees. You'll also need to take precautions when digging holes so that you don't hit any utility lines.

Step 2: Purchase stone
Decide on a location for the fire pit and determine its size and shape. Using these measurements, select your materials from a stone yard. To save time, choose a pre-sorted premium stone such as palletized stone, which are uniform in size, shape and quality.

Step 3: Form a circle
Lay your stone pavers in a circle in the approximate size and shape of your fire pit. Most fire pits are typically about 36 to 44 inches in diameter.

Step 4: Dig your hole
Dig a hole about 12 inches deep once you've formed your circle.

Step 5: Fill with sand
Pour sand into the bottom of the hole and pack until its level.

A fire pit in your backyard creates a focal point and adds warmth to your social gatherings. ISTOCK IMAGES

Step 6: Lay your stones
Start laying your wall stones around the outside of the hole. Continue to stack the stones until they are about 12 inches above the ground.

Step 7: Fill with sand
Pour a layer of sand into the ring of stones so that it covers the first layer. This should be approximately four inches deep. Your fire pit is now ready to try out at your next get together.

INDOORS OUT AIRS WEEKDAYS AT 3 P.M. ET/12 P.M. PT ON DIY NETWORK CANADA

ISTOCK

CAN A LANDLORD ENTER A TENANT'S UNIT?

The Residential Tenancies Act (the Act) allows a landlord to enter a tenant's unit only under specific circumstances. In most cases, the landlord must first give the tenant 24 hours written notice, stating when they will enter and for what reason. There are some exceptions, however, such as in the case of an emergency or if the tenant agrees to allow the landlord to enter the unit.

For more information about when a landlord can enter a tenant's rental unit, see A Guide to the Residential Tenancies Act.

Can a tenant refuse to let the landlord in if the landlord wants to enter their unit?

If the landlord enters the tenant's unit as allowed by the Act, the tenant cannot refuse to let the landlord in. If the tenant does not let the landlord in, the landlord can give them a notice of termination claiming that the tenant is interfering with their lawful rights. A Member could order the tenant's eviction for this reason. Also, interfering with a landlord's lawful right is an offence under the Act, and the tenant could be prosecuted.

For information about when a landlord can enter and how much notice a landlord is required to give before entering a tenant's rental unit, refer to the Act.

What can happen if a landlord enters a unit illegally?

If a landlord enters a tenant's unit illegally, the tenant may file an application with the Board. If the Board finds that the landlord has entered the unit illegally, there are a number of things that the Board may order. For example, the tenant could receive an abatement of rent or the landlord could be ordered to pay a fine. What is ordered is up to the Member who hears the application.

For information about when a landlord can enter and how much notice a landlord is required to give before entering a tenant's rental unit, refer to the Act.

Can a tenant change the locks?

A tenant cannot change the locks unless the landlord agrees. Also, the tenant cannot add locks that might stop a landlord from entering the unit if there is an emergency or if the landlord has a valid reason for entering the rental unit and the landlord has given the tenant proper notice to enter. If the tenant does change the lock, a copy of the key should be given to the landlord immediately.

Can the landlord change the locks?

A landlord can change the locks while the tenant is living in the unit as long as they give the tenant a key for the new lock.

Note: Once a tenant has been evicted from the unit, the landlord can change the locks, even if the tenant has left property in the unit. The landlord does not have to give the former tenant replacement keys in this case.

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Raonic still trying to ramp it up on the red clay

Milos Raonic of Thornhill, Ont., serves in his men's singles match against Michael Llodra of France during Day 4 of the French Open at Roland Garros on Wednesday. JULIAN FINNEY/GETTY IMAGES

French Open. Despite win over Parisian Llodra, Thornhill, Ont., native says he hasn't hit his stride yet

Canadian Milos Raonic defeated Frenchman Michael Llodra in four sets Wednesday to advance to the third round of the French Open.

Raonic, the No. 15-seed from Thornhill, Ont., had 24 aces in the 7-5, 3-6, 7-6 (3), 6-2 win at Roland Garros.

"It was a difficult match," said Raonic, who improved to 4-0 lifetime against Llodra. "Mica's not just tough for me to play, he's tough for everyone.

"I'm very content with my tennis; I played well today. My serve is the most important part of my game and it worked well today. When it does that, I always play better."

Raonic will next face big-serving South African Kevin Anderson, who beat Russian Evgeny Donskoy 6-7 (8), 6-1, 7-5, 6-2.

Raonic recorded four breaks in 12 chances against Llodra.

"He does a lot of things to make you feel uncomfortable," Raonic said of the local favourite. "I won but I wish I could have gotten going a little bit better. But fortunately in that tiebreaker when I felt like my back was up against the wall, I got going and sort of carried that through the fourth set."

Also Wednesday, Vasek Pospisil of Vancouver dropped a 7-6 (9), 6-4, 6-7 (4), 2-6, 8-6 decision to Argentina's Horacio Zeballos in a match that lasted more than four hours.

THE CANADIAN PRESS

Wednesday in Paris

- Roger Federer advanced to the third round, beating qualifier Somdev Devvarman 6-2, 6-1, 6-1. He next faces France's Julien Benneteau, who already beat Federer once this year.
- Former world No. 1 Caroline Wozniacki lost 7-6 (2), 6-3 to Bojana Jovanovski of Serbia in the second round.

THE ASSOCIATED PRESS

New York loses its fondness for the Fonz

John Tortorella was fired on Wednesday after the Rangers were eliminated from the playoffs in five games by the Bruins. GETTY IMAGES

John Tortorella was defiant in stating that the New York Rangers didn't take a step back when they were knocked out of the Stanley Cup playoffs in the second round.

General manager Glen Sather thought otherwise and fired the combative coach on Wednesday.

The fiery Tortorella was let go four days after the Rangers' season ended with a Game 5 loss at Boston to the Bruins. New York had reached the Eastern Conference finals last year and was considered to be a championship contender.

"I came up with the decision that I really needed to do something to improve our team going forward," Sather said during a conference call. "Every coach has a shelf life. I've told every guy that I've hired that at some point in time this is going to change.

"Our goal is to win the Stanley Cup and we didn't achieve that goal this year. I had to make a decision, so I did."

Tortorella was dismissed with one year left on his contract. In 319 regular-season games with New York, Tortorella went 171-118-1-29. He was 19-25 in the post-season, and reached the playoffs in four of five seasons after taking over as coach in February 2009.

Tortorella's comments on Monday could have led to his ouster. He said his club wasn't emotionally ready to take on Boston.

"One of the things, and it falls on my shoulders, is our team's mindset going into another round," Tortorella said. "I don't think our mindset was ready to play another series and to the level you need to be at. It didn't have a playoff atmosphere."

THE ASSOCIATED PRESS

University football

Western's Finch lands spot at Argonauts camp

You may notice a little extra pepper in Will Finch's arm when Western University returns to the gridiron in August.

Finch, fresh off his first season with the Mustangs, will spend part of his summer at the Toronto Argonauts' training camp.

The trip comes as part of a CFL initiative aimed at developing Canadian quarterbacks. Each team has invited at least one university passer to its camp.

Western's season starts Aug. 25 against the Toronto Varsity Blues.

METRO

Leaving London

Pair of Knights land with AHL Penguins

Two London Knights have signed tryout agreements with the Pittsburgh Penguins' minor league affiliate.

Defencemen Scott Harrington and Olli Maatta will suit up with the AHL's Wilkes-Barre/Scranton Penguins less than a week after the Knights' Memorial Cup run ended shy of the top prize.

Harrington, 20, was a second-round Pens pick in 2011. The Kingston native spent four seasons with the Knights and was the team's captain for 2012-13.

Maatta, 18, a native of Finland, was a first-round Pens pick in 2012. He spent two seasons in London.

METRO

MLB

Lawrie put on the 15-day disabled list

The Toronto Blue Jays placed third baseman Brett Lawrie on the 15-day disabled list Wednesday with a left ankle sprain. Lawrie was injured while sliding into second in Toronto's 9-3 win over Atlanta Braves on Tuesday. THE CANADIAN PRESS

See today's answers at metronews.ca/answers.

Horoscopes

♈ Aries
March 21 - April 20
The pace of life will quicken over the next few days but that won't worry you in the slightest. On the contrary, the more challenges you face, the more you will like it — and the more you will accomplish.

♉ Taurus
April 21 - May 21
Don't be tempted to focus on anything but your primary goal. Upheavals will disrupt things but if you are clear in what it is you are aiming for, you won't be affected.

♊ Gemini
May 22 - June 21
Keep your ultimate goal in mind today. The more you think about it, the more likely it is to become a part of your reality, if not immediately then certainly by the start of next week. It's all good.

♋ Cancer
June 22 - July 23
Try not to do everything yourself. There are others who think and feel the same as you, and they will happily share the load if you ask them. Not even a Cancerian can change the world on their own.

♌ Leo
July 24 - Aug. 23
Slow down and enjoy the good things in life. As Mars moves into the friendship area of your chart, you should be looking for an excuse to party.

♍ Virgo
Aug. 24 - Sept. 23
It's good to be successful and it's good to be first but don't put winning ahead of everything else today or you could miss out on something wonderful. There are other ways to get on in the world.

♎ Libra
Sept. 24 - Oct. 23
You can be more forceful about solving certain problems when action planet Mars moves in your favour again tomorrow. Today though, you are advised to relax.

♏ Scorpio
Oct. 24 - Nov. 22
If you doubt what you are doing, your mind will create obstacles and your doubts will become self-fulfilling. Be positive at all times and before you know it, your dreams will start coming true.

♐ Sagittarius
Nov. 23 - Dec. 21
It does not matter how many times you have failed in the past, what matters is that you are going to succeed in the future. Don't let anyone tell you that you don't have what it takes to succeed.

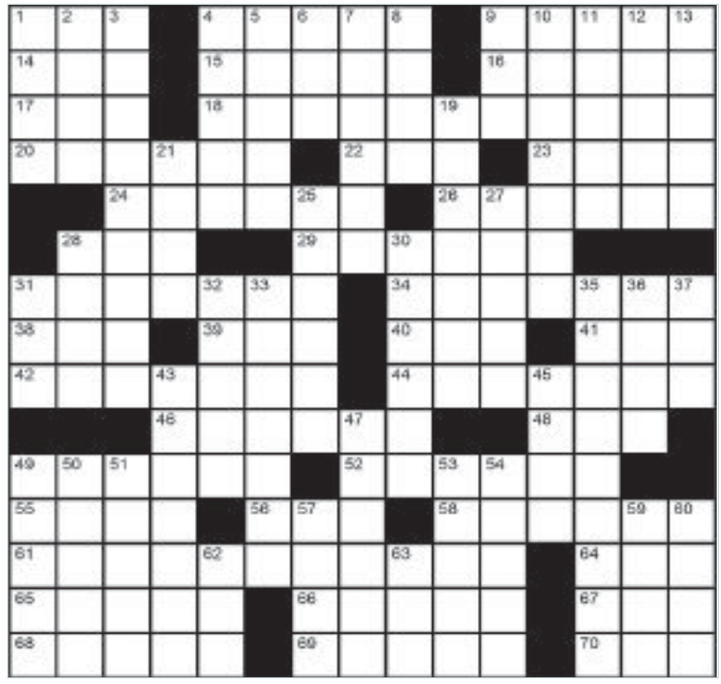
♑ Capricorn
Dec. 22 - Jan. 20
Cosmic activity in the work area of your chart will encourage you to push harder over the next few days. Don't push yourself so hard though that you risk a breakdown. You need moments of relaxation.

♒ Aquarius
Jan. 21 - Feb. 19
You are who you are for a reason, so follow your instincts wherever they may lead you and don't waste your time worrying what others might think about it.

♓ Pisces
Feb. 20 - March 20
In the past, you have forced yourself to adapt your desires to fit in with what others expected of you. Now they must be the ones who adapt to fit in with you. SALLY BROMPTON

Crossword: Canada Across and Down

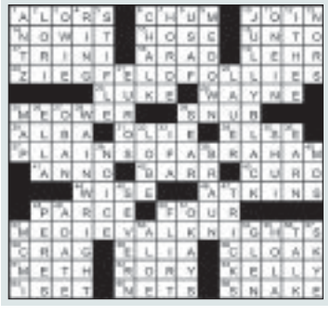
BY KELLY ANN BUCHANAN



Across
1. __ Hortons
4. Perfumery property
9. "That's _ __!" ...exclaimed the film director
14. Rhoda's TV mom
15. Amy Winehouse song
16. "So __!" (Take that!)
17. "El __" (1961)
18. Tornado enthusiast: 2 wds.
20. Greg of Blue Rodeo
22. It means 'like'
23. __ _'clock (Morning break time)
24. Canadian music producer Daniel
26. Garden furniture material
28. Church bench
29. Islamic state leader
31. Artiste (Manet ou Gauguin, par exemple)
34. Facets
38. CBC's "The National" journalist Mr. Hanomansing
39. Soak flax
40. Org. in Jeannie C. Riley's 1968 hit
41. Mined stuff
42. Meg Ryan movie, "__ to a Kiss" (1992)
44. Acetaminophen brand
46. Salsa brand, Old __: 2 wds.
48. Math fractions acronym
49. Tropical fruit
52. NASA's moon program
55. "__ __ two minds..."
56. Tunnel-in-mountain blaster
58. 2x4s, for example
61. David Letterman's bandleader from Thunder Bay: 2 wds.
64. Jane or John
65. Participate
66. Use a divining rod
67. Sick
68. Bob Marley and The Wailers: '__ Revolution'
69. "Insensitive" singer Jann
70. "__ in the Family"

Down
1. Foe in Fido's fur
2. The Band Perry song: "If _ __ Young"
3. Iles de la __ (Gulf of St. Lawrence archipelago)
4. Torching crime
5. Ode-to-the-past style
6. "Well, now!"
7. Actress Ms. Tomei
8. Mil. defence projectiles
9. __-leisure (Foot-friendly footwear)
10. "Huh...?": 2 wds.
11. Put back to zero
12. Gladiators venue
13. Madonna's "Evita" (1996) role, Eva __
19. Ms. Clark, Premier of British Columbia
21. Mower's manicuree
25. Summery beverage: 2 wds.
27. Dismay or shock [var. sp.]
28. Fruit cocktail bit
30. Can-be-carried-around computer
31. Charles Dickens protagonist
32. Genuinely
33. Canadian sugar company, refining since 1854
35. Montreal university
36. Beat a path
37. Quebec seasoning
43. Type of flyer
45. Rihanna's "Umbrella" hit ...repeated sound
47. Took, as a final exam: 2 wds.
49. Kilt-wearing musician
50. Kitchen appliances company
51. Sulks
53. Certain weight status
54. Actress, Sophia __
57. Zilch
59. Barbie's species
60. Hawk
62. Mrs., in Madrid
63. E-Mail subj. line directive

Yesterday's Crossword



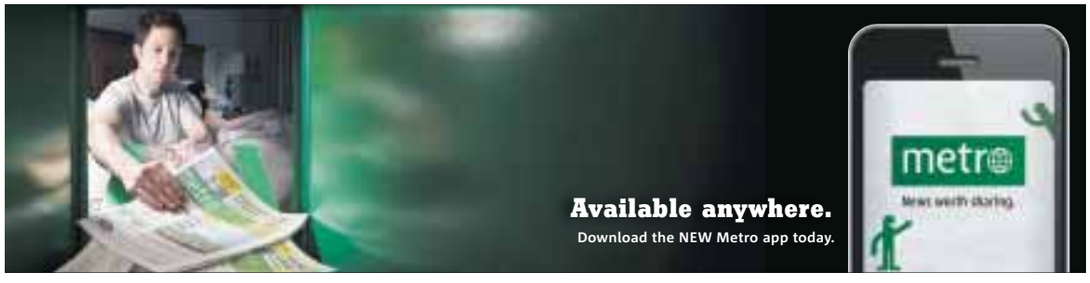
Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

1		8	3		9	4		7
		9				3		
7	2						6	5
			9		1			
	9						8	
			2		3			
6	1						4	3
		4				1		
5		2	1		7	8		6

Yesterday's Sudoku

9	8	4	5	7	3	1	6	2
2	3	1	4	6	9	8	5	7
7	5	6	2	1	8	3	4	9
6	2	9	8	5	4	7	3	1
4	7	3	1	2	6	5	9	8
8	1	5	9	3	7	4	2	6
1	9	8	3	4	2	6	7	5
5	4	7	6	9	1	2	8	3
3	6	2	7	8	5	9	1	4



AN EVENING OF

INFORMATION, INSPIRATION & TRANSFORMATION

FRIDAY MAY 31ST, 7:30PM (doors open at 6:30PM) / **HILTON LONDON** (Grand Ballroom) / 300 King St., London, Ontario

ADVANCE TICKETS / $20.00 (plus surcharge) **TICKETS AT THE DOOR / $30.00**

Purchase tickets online at **www.ticketwindow.ca** TICKETWINDOW.ca Get your seat.

To purchase tickets by phone call **1-877-700-3130** (Monday - Friday 8:00AM - 4:00PM)

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For more information on legacy planning call Jessica John 519-432-1137 ext. 7046, or jjohn@ontario.cancer.ca

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